

Neurocritical Care Follow-up Program

Our goal is to make sure your child has the best possible recovery following a critical illness.



RECOVERING FROM A CRITICAL ILLNESS OR INJURY TAKES TIME. WE CAN HELP.

The Neurocritical Care Follow-up Program (NCFP) at St. Louis Children's Hospital is designed to support your child and family as you transition from the pediatric intensive care unit (PICU) to home.

A serious illness and stay in the PICU can put your child at risk for physical, mental, educational and emotional issues that may slow their recovery. We seek to identify small concerns before they become big ones, so you can connect with resources quickly after discharge.

We work to help your child and family get back to school, work and a regular routine as soon as possible.

Who's on the team?

We are a team of specialists in neurology, neuropsychology, nursing, social work, education and child development that understand recovery from a serious illness takes time and impacts the entire family.

Families are a central part of our team. We will listen to you, advocate for you, and coordinate closely with your child's primary care and behavioral health providers, teachers, specialists and community care providers.

How will the NCFP help my child?

After a stay in the PICU, you and your child may face challenges and uncertainties. The NCFP will help you and your child manage:

- Physical and Developmental Changes
- Sleep Concerns
- Attention and Behavioral Changes
- Depression, Anxiety and other Mood Changes
- School and Community Transitions

Who can be part of the Neurocritical Care Follow-up Program?

Children with specific medical conditions or injuries who have stayed in the PICU may be eligible for this program.

Conditions include:

- Acute Stroke
- Brain Tumor
- Cardiac Arrest
- Critical illness requiring prolonged sedation
- ECMO Survivorship
- Meningitis/Meningoencephalitis
- Refractory Status Epilepticus
- Traumatic Brain Injury (TBI)



Will my child still have a neurologist and other medical specialties?

Yes! Your primary care provider and specialists will continue to provide ongoing care as needed and be your main contact for clinical care concerns. The NCFP serves as bridge to specialty follow-up and provides additional screening, evaluation, treatment and resources to help your child have the best possible recovery.

When do I get connected with NCFP?

Our special care team starts caring for your child and family while he or she is still in intensive care. We continue to check in with you throughout your child's hospital stay and after your transition home. Your child's first appointment with the NCFP will be scheduled for one month after discharge from the hospital.



Questions?

Contact the NCFP team at **314-504-5572**

Learn more at [StLouisChildrens.org/ncfp](https://www.stlouischildrens.org/ncfp)

This program was made possible thanks to generous donors to the St. Louis Children's Hospital Foundation.



St. Louis Children's Hospital and Washington University Physicians comply with applicable federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability or sex.

Atención: hay servicios de asistencia de idiomas disponibles a su disposición sin costo. Llame al 314-747-5682 (TTY: 1-800-735-2966).

注意：免费提供语言协助服务，如有需要敬请致电 314-747-5682 (TTY: 1-800-735-2966)。